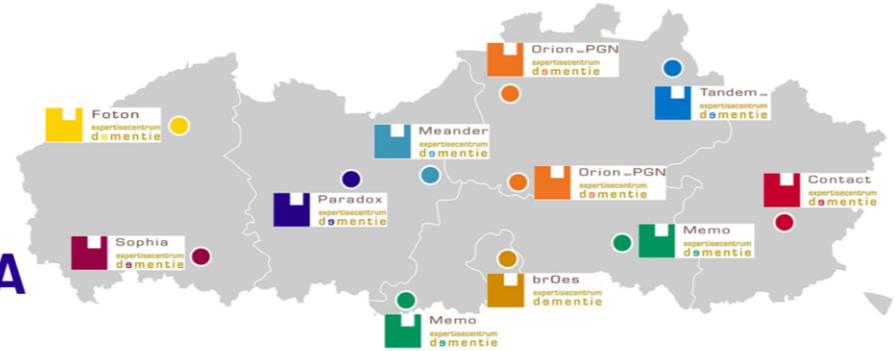


SABINE BOERJAN CENTRE OF EXPERTISE IN DEMENTIA PARADOX



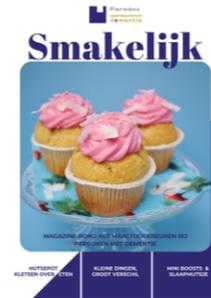
Project manager
ECD Paradox
all dementia related topics
healthcare providers
residential care
hospitals
home care services



Author
What if food becomes a
concern.
Mealtime care for people
with dementia.



**Founder of training
mealtime-care coach
dementia =**
Point of contact, coach,
strategic vision and policy,
implementing improvement
actions



**Creator of
magazines
with inspiring practices
in mealtime care for people
with dementia.**

sabine.boerjan@dementie.be

What if....

... you have a nutritionally perfect meal or snack available, but other external factors interfere (time, attitude, ...)?

Principle:
To care with care



What if....

...his (person with dementia)

daily glass of beer is replaced
by a bowl of yoghurt?

With the message of a caring caregiver:
"It is good for your health."

Principle:
normalisation & importance
of life history



What if.....

...we convert the knowledge from the life story into practice?

Side info: person with dementia used to be a childcare worker.

Principle:
Specific care for people with
dementia & life history

